

Meet our team



Cathy comes to Elevate Physical Therapy with 18 years of healthcare administration experience. She is thrilled to put all that experience towards helping to build a new practice and establish Elevate Physical Therapy as a provider of choice in the community. Cathy is passionate about providing patients with a warm welcome and professional experience.

Cathy is a Maine native. Born in Portland and later raised in Westbrook she now lives in Standish. She started working part time in healthcare back in 2001 after the birth of her second son. She has two sons Kyle and Corey and a grandson Camden.

When not at the office she loves to spend time with her partner Gerald at his farm in Porter, Maine with his black angus cows.

Cathy's hobbies are watching race cars at Beech Ridge Motorspeedway and NHRA drag cars at Epping, NH. She also likes to watch her son Corey play golf and baseball for his high school.

Catherine Labrecque

Front Office Coordinator

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