



Meet our therapists



Austin Stonebraker
PT, DPT

Physical Therapist
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Austin is a Maine native and recent graduate with a Doctoral degree in Physical Therapy from MCPHS University (Worcester, MA) in 2015. After a brief career as a project scientist, he chose to become a physical therapist having been inspired by his personal experience of rehabilitating from numerous running related injuries and meeting therapists who made a real difference in his life.

Austin is working towards post graduate training in spinal manipulation and dry needling techniques. He believes in a comprehensive approach of manual techniques and directed exercise, combined with patient education and home programs, for improved patient outcomes.

Austin has been involved with coaching high school soccer, alpine skiing, and lacrosse. He has a particular passion in alpine ski racing, which began at the age of 8 and continued through his college racing career.

When not on the slopes, Austin continues to trail run and enjoy the outdoors with his wife and their dog.

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